

Traveling for Surgery?

Your Inspire Aesthetics Checklist

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AESTHETICS



1. Start With a Virtual Consultation

- ❑ **Request your consult** at InspireAesthetics.com or call 561.623.3927.
- ❑ Speak with a **Patient Care Coordinator** about goals, concerns, timing.
- ❑ **Upload medical history** & photos securely through TouchMD before your surgeon call.

2. Review Your Personal Treatment Plan

- ❑ Meet virtually with a **board-certified surgeon** to confirm candidacy.
- ❑ Discuss procedure details, recovery timeline, and length of stay required.
- ❑ Approve your plan and reserve a **target surgery date**.

3. Reserve Accommodations

- ❑ Visit **InspireAesthetics.com/resources/out-of-town-patients** for your select booking links.
 - ❑ **Atlantic Suites on the Ave** ≈ 1.5 mi | 5 min from Delray Beach office
 - ❑ **Opal Grand Resort** ≈ 2 mi | 7 min from Delray Beach office
- ❑ Plan to arrive locally **1 day before surgery** unless advised otherwise.
- ❑ Book through the site to unlock our **exclusive 25% off published rates**.*
- ❑ Forward your confirmation to your Patient Care Coordinator.

*Discount subject to hotel availability & blackout dates.

4. Plan Your Post-Op Support

- ❑ Review **travel-home clearance** (if flying) with your surgeon.
- ❑ Need extra help? Ask us to help you arrange **licensed post-op nursing** or a recovery suite.
- ❑ Schedule your in-office follow-up (typically 1–7 days after surgery).

5. Prepare & Travel

- ❑ Book flights / ground transport that match your surgery & follow-up dates.
- ❑ Pack loose clothing, required medications, and ID for check-in.

We're Here to Help

Questions about travel, hotels, or recovery logistics?

Patient Care Team | 561.623.3927 | ccleaves@inspireaesthetics.com

We look forward to welcoming you to Inspire Aesthetics!

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